

## What can you do to get involved?

The biggest change you can make is to reduce personal food waste in the home. By limiting food scraps while cooking and diverting food from the trash we can collectively reduce greenhouse gas emissions.

Composting can also be a welcome addition to a home if you are trying to go above and beyond to reduce your carbon footprint.

There are multiple organizations for further involvement in composting such as **Black Earth Composting** and **Local City of Worcester Municipal Composting Programs** to get involved with if you are interested in implementing this in your home!

### Further information:

<https://www.worcesterma.gov/trash-recycling/composting>  
<https://blackearththecompost.com/>



# Food Waste & Composting

Explore how simple changes in your daily routine can contribute to a more sustainable and eco-friendly lifestyle.

## Why is reducing **food waste** important?

Reducing food waste diminishes greenhouse gas emissions associated with food decomposition in landfills.

## What can **composting** do?

Composting diverts organic waste such as kitchen scraps and yard trimmings from landfills which reduces the production of harmful greenhouse gases.

## What **can** be composted?

Fruit and vegetable scraps, coffee grounds, eggshells, tea bags, lawn clippings, leaves, and small branches can all be diverted from the landfill to be composted.

## What **cannot** be composted?

Meat and dairy products, greasy or oily food items, and non-biodegradable materials like plastic, metal, and glass cannot be composted.

