



## ONLINE IMPACT CONCUSSION BASELINE TEST INSTRUCTIONS

As part of our comprehensive concussion policy, all student-athletes are required to take the ImPACT Concussion Baseline Test. An ImPACT Baseline Test will be required of all student-athletes before they are allowed to practice or participate in any NCAA sport at Holy Cross each year.

Please review the test taking instructions prior to starting the test. To ensure a valid test, please follow these directives. It is very important that you are able to fully concentrate during the entire test. Poor performance will result in an invalid test and will require a retake.

### TECHNICAL REQUIREMENTS:

- Desktop or laptop with a screen 12" or larger
- Mouse or trackpad – mouse preferred
- Stable internet connection
- Current version of a web browser (Internet Explorer, Edge, Firefox, Chrome or Safari)
- Turn off pop-up or ad blocker for duration of test
- Your browser must accept cookies.
- JavaScript must be enabled in your browser.
- Close all other programs and internet tabs on your computer before taking the test

### TESTING ENVIRONMENT:

- The physical environment should be quiet and free of noise
- Cell phones, music players, and other electronic devices should be turned off
- No engaging in another activity or conversing with others
- Be seated comfortably
- Limit direct sunlight to prevent glare
- Be well-rested and do not complete testing immediately after vigorous exercise as this may affect test

### TEST INSTRUCTIONS:

- Go to <http://www.impacttestonline.com/colleges/>
- Enter Customer Code: **C68BB41E89**
- Click on the **Launch Baseline Test** button
- You will be directed through a series of questions that you will need to answer before taking the test. Please answer all questions as honestly as possible
- Enter your first name, last name, and birth date
  - Please be sure to enter these accurately for identification purposes
- Select – **Enter Additional Demographics**
  - Home Address
  - Holy Cross Email
  - Answer the remaining questions truthfully and to the best of your ability
- Follow the test instructions carefully. Missing key instructions or not giving the test your full attention will affect your results
- If you become confused about the directions, keep trying to do your best
- Following completion of the ImPACT test please write in your 12-digit ImPACT Passport ID Code that is generated at the completion of the Baseline exam

**NOTIFY YOUR ATHLETIC TRAINER IF YOU HAVE ANY PROBLEMS  
AND/OR QUESTIONS REGARDING THE TEST**