



FREQUENTLY ASKED QUESTIONS

Purpose/Obligations

What is the purpose of the NROTC?

As the official NROTC website says, “The NROTC Program was established to develop midshipmen mentally, morally and physically and to imbue them with the highest ideals of duty, and loyalty, and with the core values of honor, courage and commitment in order to commission college graduates as naval officers who possess a basic professional background, are motivated toward careers in the naval service, and have a potential for future development in mind and character so as to assume the highest responsibilities of command, citizenship and government.” Hence, our purpose at the Holy Cross NROTC Unit is to train and commission future leaders who meet these important requirements and will honorably serve as officers in the United States Navy and Marine Corps.

What are the obligations of an NROTC Scholarship Midshipman upon commissioning?

Scholarship students that graduate and receive their commission are obligated to serve 8 years of commissioned service, 5 years of active duty and 3 years inactive reserve. This is in an unrestricted line billet (surface, submarine, aviation, or special warfare). If students go to flight school as Pilots or Naval Flight Officers, their obligations increase to 8 and 6 years of active duty respectively, which begin upon completion of flight school. The Nurse Corps and Marine Corps commitment is 4 years of active duty.

Is there any obligation incurred by incoming freshmen when they join the program?

Not right away. Scholarship students have a year and College Program students have two years to experience the NROTC program before they have to decide whether to remain in the program and to incur the obligation, or to leave the program without obligation. In other words, scholarship students receive a textbook stipend, a \$250/month subsistence stipend, and full tuition with no obligation. You should also note that if a College Program student receives a three-year scholarship at the end of his or her freshman year (see below), then there is no one-year grace period as there is for four-year scholarship students.

What obligation do I owe as a College Program Midshipman with Advance Standing that is commissioned?

College Program midshipmen are obligated to serve a minimum of 8 years commissioned service, and 3 of which must be on active duty. The length of active duty is extended to 6 years for Naval Flight Officers and 8 years for Pilots and begin upon completion of flight school.

Do NROTC graduates have the same opportunities as Naval Academy graduates when it comes time for duty assignments after graduation?

Yes. NROTC and Academy graduates have identical opportunities to go into the fields of their choice. When it comes time to state duty preferences and to be selected for duty assignments,

the students with the higher academic and aptitude rankings, regardless of where they go to school, will be most likely to receive their first choice of assignments.

Would I get the choice of the duty I want after graduation?

Most likely. Just before the beginning of the senior year our students are asked to state their duty preferences, and most will get their first choice of duty. There are prerequisites for certain duty preference, such as being physically qualified for aviation or passing a screening interview to pursue a career aboard nuclear powered ships and submarines.

Can I be guaranteed flight school after graduation?

The Navy does not give such a guarantee. However, experience has shown that a solid academic performance, high scores on the aviation aptitude exam, and being physically qualified for aviation will give a midshipman an excellent chance of getting his aviation choice.

What about graduate school? Is there any way to go directly to graduate school, and to serve the obligated military service after graduate school?

That is a possibility, but not a very likely one unless you have an exceptional record of undergraduate academic work. Across the nation, a few top students are selected each year to go on to graduate school, but the vast majority will be expected to enter the military after graduation. Keep in mind, though, that the Navy and Marine Corps have their own Postgraduate School in Monterey, California, and you would be eligible for assignment there after your initial sea tours to obtain a graduate degree in the field of your choice while receiving full pay.

Can I go from the NROTC program directly into medical school and serve my obligated time as a Navy doctor?

Maybe. At this time, only about twenty-five NROTC midshipmen nationwide are given permission to apply to medical school each year. If admitted to a medical school, they would attend immediately following graduation. Under this program, students would begin to serve their obligation following their residency. To enter this program, the student must first be permitted to apply to medical school as an NROTC student, and then must gain acceptance into a medical school.

What would happen if I decided not to continue in the NROTC program after I have started the sophomore year and incurred an obligation for active duty?

There are several reasons and circumstances for leaving the NROTC program. To reiterate, there is no obligation at all if you leave before your sophomore year. However, if you decide to leave after the start of the sophomore year, then you would be held liable for either monetary repayment of the scholarship or for active military service in enlisted status immediately if you drop out of college, or upon graduation if you stay in college. If a medical issue precludes you from being commissioned, then the obligation would most likely be dismissed. If you are dropped from the program because of your own misconduct or inaptitude, you could be required to reimburse the Navy for your tuition and book expenditures at the discretion of the Secretary of the Navy.

Benefits

What are the NROTC scholarship benefits?

The scholarship covers full tuition at Holy Cross University for two, three or four years depending on when the student applies for a scholarship. In addition, educational fees, uniforms, and a \$250 per month tax-free subsistence allowance are paid by the Navy for midshipmen on scholarship while in attendance at the university as a freshman (+\$50/month each additional year; i.e., \$300, \$350, and \$400). The students are also given a \$750 textbook stipend every year, which is deposited in equal payments at the beginning of each academic term. The NROTC program also pays for scholarship students' transportation from home to summer cruise training. Altogether, the textbook stipend, travel payments, and summer cruise pay over a four year period of full scholarship to Holy Cross amount to well over \$165,000.

Are there any benefits for the non-scholarship (College Program) students?

Yes. Students who enter the junior year in College Program Advanced Standing status will begin receiving the \$350 per month tax-free subsistence allowance (\$400/month senior year). Also, during the entire four years, they are given the uniforms and naval science texts they need. College Program students in Advanced Standing status will also be permitted to attend summer cruise between their junior and senior years with the NROTC program covering transportation costs.

Does the NROTC Scholarship pay for room and board?

No, the NROTC Scholarship does not pay for room and board. However, Holy Cross does offer financial aid and other grants for certain qualified students. Prospective students are encouraged to contact the financial aid office to learn more information on room and board at Holy Cross.

Application Process

How do I go about applying for an NROTC scholarship?

A1. The application is done through the Naval ROTC website, <https://www.nrotc.navy.mil>. You can begin the application process at the end of your junior year of high school. You must have your ACT or SAT scores sent to the scholarship board, and they must arrive before December 31st. All aspects of the application process, including the interview and medical exam, are scheduled by the Navy recruiter in your area.

A2. If you arrive on campus as a college freshman and desire to enroll in the NROTC program, you may apply for the College Program. By entering NROTC as a College Program student, you can apply for a three-year scholarship at the end of your freshman year. The staff at the NROTC Unit will assist you in preparing the application. If you are awarded and accept a scholarship, you incur the same obligation as a four-year scholarship student entering their sophomore year.

What are the basic qualifications needed to join the NROTC program?

You must be a U.S. citizen; you must be at least 17 years old as of September 1st of the year you enter the program; and you must be able to graduate by age 25. Age waivers are available for those with previous military service. You must be a high school graduate and you must be medically qualified. Men must be between 62 and 78 inches tall (66 to 78 for Marines); women between 60 and 78 inches tall (same for Marines). Weight should be proportionate to height (a link to a height/weight chart is included below). Vision must be correctable to 20/20 with refractive error not exceeding +6.0 diopters (+7.0 diopters for nurses). Normal color vision is required for Navy students. There is no color vision requirement for Marine Option students. There can be no severe hay fever or chronic rhinitis, and no history of asthma since the 12th birthday. Positive HIV is disqualifying.

What are my chances of receiving a scholarship?

If you have a “B” average or above, moderate-to-excellent SAT or ACT scores, have been actively involved in high school extracurricular activities (especially athletics), and wish to pursue a technical major, your chances of receiving a four-year scholarship are excellent. However, as discussed in other answers, even if you don’t receive a four-year scholarship in high school, joining the College Program at the beginning of your freshman year is an excellent way to prove your aptitude and initiative, and compete for a three-year scholarship at the end of your freshman year.

How are the scholarships awarded?

The scholarship selection board meets from August through April of each year in Pensacola, Florida. This board is made up of different groups of NROTC Unit Commanding Officers (Navy Captains and Marine Corps Colonels). Because of the rolling nature of the board, you could be awarded a scholarship at any time from November through April. If you are ever in doubt as to the status of your scholarship application package, visit the NROTC website: <https://www.nrotc.navy.mil>. Three-year scholarship awardees will be notified over the summer between freshman and sophomore year.

As an NROTC scholarship student, can I attend the university of my choice?

Yes, provided that the University has an NROTC Unit or that it has an agreement with a Unit at a nearby university for you to attend in a “cross-enrolled” status. A list of schools with NROTC units is available at www.nrotc.navy.mil (**again, Holy Cross University is not currently on this list; however there is a NROTC program at Holy Cross that will enroll students in fall 2012**). In the NROTC scholarship application process, you will be asked to state your university preference by listing five NROTC programs/schools. If you are denied admission to your first-choice school, or if your choices change due to personal preference, you must notify the Naval Service Training Command of your new desires. Transfer of your scholarship to another school is permitted if the gaining NROTC Unit has not reached capacity. Occasionally, an NROTC Unit’s freshmen class may fill to capacity. When this happens, scholarship nominees who had wanted to attend that school, may be asked to attend their second or third choice school. Scholarship awards are independent from admission to the host university. In order to execute an NROTC scholarship you must gain admission to the host university.

Can I join the Unit and attend school elsewhere?

Yes. You can join our Unit as a “cross-enrolled” student if you would like to attend Worcester Polytechnic Institute or Worcester State University, our “cross-town affiliates.” We have an agreement that will allow you to use an NROTC scholarship to attend WPI or WSU when you gain admission. As a “cross-enrolled” student, you would attend WPI or WSU as a full time student, and come to the Holy Cross campus to attend Naval Science classes. If you are a Nurse Corps scholarship candidate, be advised that Holy Cross has no nursing program. You will be applying to and attending WSC as a cross-town student. WPI and WSU are both about a twenty minute commute from Holy Cross.

If I want to change my first-choice school, whom do I tell?

You should wait until after you are notified of selection as a scholarship nominee, and then email Naval Service Training Command (Code OD2); email links are provided under the contact link at www.nrotc.navy.mil. This cannot be done over the telephone.

I'm trying to decide which school to attend. Are there any differences among the various NROTC Units?

The naval science curriculum at each school is identical. If there are any apparent differences among NROTC Units, they are due to the customs and traditions of the Units, and the personalities of the Unit Staffs, and even the midshipmen in those Units. Our advice would be to choose your university on the basis of its overall reputation and the availability of the degree programs you prefer. Look also, at the reputation of the school's graduates. You should narrow your choices down to a few, and then visit those campuses (and their NROTC Units) to help you make the final decision.

If I am given an NROTC scholarship, does that guarantee that I will be admitted to Holy Cross?

No. The scholarship selection process is **COMPLETELY INDEPENDENT** of the Holy Cross admission process. You must, on your own, seek admission to Holy Cross or some other NROTC university. It is a good idea for NROTC scholarship applicants to apply to more than one NROTC school to ensure acceptance to at least one NROTC school.

Are NROTC scholarship selectees given any preferential treatment in the Holy Cross admission process?

No. The same personal characteristics and academic credentials are considered in scholarship selection and in Holy Cross admission; so, being selected for a scholarship is a good indication that you might also be selected for admission, but it is **neither guaranteed nor implied**.

Should I wait for the results of the NROTC scholarship selection before I apply for admission to Holy Cross?

Absolutely not! In most cases you won't be able to wait. The deadline for admission application to Holy Cross is 31 December. Unless you are fortunate enough to be selected for an early scholarship, you may not know your NROTC scholarship status until after Holy Cross's admission deadline.

What happens if I am a College Program midshipman and don't get a scholarship?

If you don't earn a scholarship by the end of your sophomore year, you will automatically be submitted for Advance Standing status; if granted, it will provide you with a stipend every month during the school year for the remaining two years. Upon graduation Advanced Standing

midshipmen receive the same commission as Scholarship midshipmen. If a midshipman has not been granted Advance Standing by the beginning of the junior year, he or she will be disenrolled from the NROTC program with no service obligation.

What if I haven't been granted a scholarship or I missed the 31 January deadline for the NROTC scholarship application? Can I still join NROTC and receive a scholarship?

Absolutely. As mentioned above, if a student hasn't been granted a scholarship, he or she can join the NROTC College Program, and will be required to do everything a scholarship student does. College Program students do not go on summer training. After one academic term, in which the student's academic performance and aptitude can be assessed, the student can be recommended for scholarship status to the Commander Naval Service Training Command, who is empowered to award scholarships to promising College Program students. In general, if you can earn better than a 3.3 GPA in your first academic term, achieve a "B" or better in Calculus, and demonstrate a high aptitude for Naval Service, you would have a good chance for a 3-year NROTC scholarship.

As a scholarship applicant, how do I know whether I am being selected as a Navy or Marine Option candidate?

When you send in the initial scholarship application form, you will have checked either the Navy or Marine Corps box on the form. The box you check will determine the route that your application will then take. You will be contacted by a Navy or Marine Corps recruiter to complete your application processing, according to the box you checked. If you are processed by a Navy recruiter, then you will be eligible for a Navy Option scholarship. The Navy and Marine Corps conduct their own scholarship selection boards to consider their own candidates. The Marine Corps is a much smaller service than the Navy and requires fewer new officers each year. Thus, the number of NROTC scholarships awarded by the Marine Corps is far fewer than is offered by the Navy.

If I start out as a Marine Option student, can I switch to be a Navy option student, or vice versa?

You can change from one option to the other, but it is not automatic. You must request the change, and it must be approved by both Navy and Marine Corps officials on the basis of your own personal record. The changing of option after the sophomore year is discouraged because it involves making up the specialized courses that are begun for Navy and Marine option students beginning in the junior year.

Is there any particular advantage in applying for the NROTC scholarship before the 31 January deadline?

Absolutely. The earlier you apply, the earlier you can be selected for a scholarship. If you finish your application processing in time to be considered by the early boards, you can be picked months earlier than those who wait until the last minute to apply. The Navy conducts a continuous selection process from August through April. Navy Option students are considered for scholarship selection as soon as their completed application packages are received by the board. Knowing your scholarship selection status in the fall can be a big advantage in helping you to make decisions about which schools you can afford and to which you should apply. By all means, apply for the scholarship as early as you can. You have everything to gain and nothing to lose. ALSO, APPLY TO ALL THE SCHOOLS YOU ARE INTERESTED IN,

REGARDLESS OF COST, SINCE IT IS LIKELY THAT THE UNIVERSITY APPLICATION DEADLINE WILL PASS BEFORE YOU KNOW YOUR SCHOLARSHIP RESULTS.

Can you offer any hints regarding what the scholarship selection board looks for in making its selections?

The NROTC scholarship selection board will consider the “whole person,” including College Board scores, grades, class standing, athletics, participation in extracurricular activities, recommendations, employment history, interview results, and perceived potential. We are looking for the future leaders of the Navy and Marine Corps. We want well-rounded students who are intelligent enough to excel in academics, athletic enough to meet the physical challenges of military service, and who are personable and dynamic enough to assume roles as military leaders. It is not enough to be only bright, or only athletic, or only personable. It takes a combination of the three qualities to be a successful Naval Officer. Officer candidates must also be of high moral character. Students with criminal records or who use illegal drugs are not likely officer candidates.

Care should be taken in selecting those who will provide written recommendations for you. If a candidate is depicted as being just an average run-of-the-mill student, it will detract from the board's assessment of the individual. The application interview with your local recruiter is also vitally important. Look sharp and present yourself well. College Board scores can be a positive factor for the student, but only insofar as they are supported by actual academic achievement. A student with high SAT or ACT scores, but mediocre grades and class standing, is less desirable than a student with moderate scores and high grades and standing. One is coasting and the other is a hard working achiever.

Medical

Will my scholarship selection be held up if I have trouble passing the medical exam?

The scholarship selection process is completely independent of the medical examination. Scholarship selection is based on academic performance, extracurricular activities, and demonstrated leadership potential. You can be selected as a scholarship nominee even before you take the medical exam; but, of course, it cannot be awarded to you until you have passed the medical exam. The importance of completing and passing the medical exam cannot be over-emphasized. It is up to you to do all that you can to complete the medical exam in a timely fashion. If follow-on exams or inputs from your local doctor are required, then you must ensure that these requirements are met.

If I am notified that some physical problem will disqualify me from scholarship eligibility, is there anything I can do?

That depends on the nature of the problem. There are some problems, such as minor eye corrections that can be waived. Some problems, such as having had certain childhood diseases, or a family history of diabetes, can cloud your medical record to the point that additional

medical evidence may be required to substantiate your qualification. Unless you are told that your condition is absolutely disqualifying, you should do all that you can to obtain medical certification. Letters from family doctors or your local specialists can help to show that your condition should not be disqualifying. When in doubt, ask for a medical waiver. For more information, see the link below to the Department of Defense Medical Examination Review Board (DoDMERB) website.

In addition to the medical exam, is there a physical fitness exam required for scholarship selection?

Marine Option students are required to pass a physical fitness exam to be eligible for scholarship selection. Navy Option students do not take this exam as a prerequisite to selection. Once in the NROTC program, all midshipmen are required to pass a semi-annual physical fitness assessment, which, for Navy option students, consists of push-ups, sit-ups, and a 1.5-mile run. Points are awarded for each exercise, and a minimum passing grade is established for each exercise and for the total points earned. All midshipmen are encouraged to seek excellence in their physical fitness, and to do more than the bare minimum to pass. Marine Option students take a slightly different test that consists of pull-ups, sit-ups, and a 3-mile run.

Freshman Orientation

Is there an orientation for new NROTC students where we can learn how to be midshipmen?

Holy Cross provides orientation for incoming midshipmen during the school's orientation for its freshman class. Please see the "Incoming Students" section of the website for more information.

Midshipmen Life

What do midshipmen have to do in the NROTC program?

Midshipmen are required to take one Naval Science class each semester for four years. These classes provide instruction subjects from the history of the Navy to shipboard operations and engineering. Students are also required to attend a Naval Science Lab twice a week. If students are on scholarship they are required to attend approximately 1 month of summer training for three consecutive summers.

How much of my time at school will be tied up in NROTC activities?

As much as you want beyond a minimum of about ten hours per week. Your Naval Science courses meet twice a week. In addition, there is a two-hour lab session twice a week, and you may be asked to devote about two additional nights per month in required activities such as the annual Navy and Marine Corps Birthday Ball, the semiannual close order drill competitions, and the annual Holy Cross (consortium partner) Military Excellence Competition (MEC) and Basketball Tournament. There are also a few extracurricular activities available to you if you are interested in them, such as the Reach the Beach, a 200-mile road relay in New Hampshire, for which the unit has provided multiple teams for over ten years.

Do NROTC midshipmen wear uniforms to class every day like they do at the Naval Academy?

No. NROTC midshipmen are only required to wear the uniform for one full day per week throughout the school year. Lab, otherwise known as drill, may consist of military formation, classroom sessions, general briefings, inspections or physical fitness training.

Are NROTC midshipmen housed together on campus?

No. Each student makes his or her own arrangements with the college for housing.

What are the specific courses that I must take if I join the NROTC program that I wouldn't otherwise have to take?

NROTC students take, on average, two Naval Science courses per year, one each in the fall and spring semesters. All scholarship students (both Navy and Marine Option) must take one semester of American Military History/National Security Policy and one semester of Cultural Awareness. All Navy Option students are also required to take one year of English (grammar and composition), one year of Calculus (by the end of sophomore year) and one year of Physics (by the end of junior year). The NROTC Unit provides professional tutoring in calculus and physics for those students who need help with these difficult subjects. Additionally, the Unit will accept some AP credit for all academic requirements if these credits appear on the Holy Cross transcript.

What NROTC classes should I register in?

Freshmen should register for “Naval Orientation”.

What academic standards are there for NROTC Scholarship and College Program midshipmen?

Scholarship and College Program midshipmen must maintain a 2.5 Grade Point Average on a 4.0 scale, have no failing grades in any subject required for their major or commissioning, progress on a prescribed timeline for graduation, and have a full academic load every semester (5 courses at Holy Cross).

Who teaches the Naval Science courses?

The NROTC staff is composed of active duty Navy and Marine Corps officers and enlisted personnel. The Naval Science courses are instructed by the staff officers. These same officers will double as your NROTC class advisors, providing guidance and assistance as necessary, in your academic and military pursuits.

How does the Marine training differ from Navy training?

In most respects, it is the same. Marine Option students are not required to take calculus and physics courses, but are required to attend one extra physical training (PT) session every week on Wednesday mornings. They also take different Naval Science courses in their junior and senior years, and during the summer after their junior year they take part in the Officer Candidate School (OCS) training program at Quantico, Virginia. They are guided in their development by our Marine Officer Instructor (MOI), and upon graduation they are commissioned as Second Lieutenants in the U.S. Marine Corps.

Would I be allowed to change my major once I am in the NROTC program?

Due to the tier system that the Navy recently implemented, all major fall into one of three tiers:

- Tier 1 encompasses all technical engineering majors, such as mechanical and electrical engineering.
- Tier 2 contains the physical and life sciences, as well as mathematics.
- Tier 3 contains all other majors, including languages, the humanities, and social sciences.

If you wish to change your major within or up a tier (e.g., from Tier 3 to Tier 2), you may do so with approval from the Commanding Officer of the Unit. If you wish change to move down a tier (e.g., Tier 1 to Tier 2, etc.) you must first obtain the approval of Naval Service Training Command (NSTC).

Do I have to major in some particular subject if I join the NROTC?

It depends. In an increasingly technical Navy, scholarship preference is now given to students who major in technical fields (Tier 1 and 2 majors), with 85% of all scholarships going to those students. Additionally, scholarships are awarded to a specified tier, and in order to maintain your scholarship eligibility you need to maintain a major within that tier. Students who wish to change tiers must have prior approval from the Commanding Officer or Naval Service Training Command as appropriate (see above). College Program students can enter the program with any major, but if awarded a scholarship it will be for a specific tier.

If I already have some college credits, or if I attend summer school, can I graduate and be commissioned in less than four years?

Yes, you can, as long as you plan ahead and complete all of your academic requirements. For more information, please consult your class advisor.

In the NROTC program and Naval Services, how does training for women differ from that of the men?

It is nearly identical. The physical fitness standards are different for women in both the Navy and Marine Corps. The other difference is that not all warfare communities and Military Occupational Specialties (MOSS) are open to females. For example, in the Navy females can pursue any warfare community (Surface, Submarine, Aviation, or Explosive Ordinance Disposal) with the exception of Special Warfare – SEALs. In the Marine Corps females can pursue any MOS with the exception of the combat arms specialties (infantry, reconnaissance, tanks, artillery, etc...).

If I join the NROTC program, would I be considered to be in the military, or would I still be a civilian?

NROTC midshipmen are given the same status as “inactive reservists”. You would have a reserve military ID card, but you would be a civilian during all but the summer training cruise periods of your curriculum. The summer training is performed in an active duty “reserve” status.

Can you describe how a midshipman fits into the overall picture at a university?

An NROTC midshipman is a civilian, pursuing his or her own academic degree in a normal university environment, in the same manner as a non-midshipman would. The only difference is that the midshipman takes a series of Naval Science courses, similar to minoring in a specific field beyond the intended major, and he or she wears his or her uniform to class once a week. Midshipmen are free to join student societies and clubs, and enjoy all aspects of campus life. You will blend in with and participate in the campus activities of your choice, and when you graduate, you will serve with pride as a Navy or Marine Corps officer.

Can you play sports and participate in NROTC at the same time?

Absolutely. We have had a number of midshipmen who were on the swimming and diving team, played rugby and lacrosse, and participated in almost every intramural event. The question is really one of time management; Holy Cross is a Division I school with time-consuming varsity athletics, and you would probably have to negotiate with both the Unit and your coaches in order to make the time commitments for each work. Some sports are more flexible than others with the NROTC time commitment.

I have no experience with the military; how do I know if I will fit in?

You don't know, and neither did any of us who are in the military now. You have to join the program and experience it for yourself. That is why the first year is without obligation. We are looking for intelligent and physically fit men and women of high moral character who can be trained to assume positions of leadership and great responsibility in the Navy and Marine Corps. If you fit that description, and if you prefer to be a leader rather than a follower, then you owe it to yourself to give it a try.

Summer Training

What does the summer training consist of for scholarship students?

There are three different cruises, one each summer. The first summer cruise, known as CORTRAMID (Career ORientation and TRaining for MIDshipmen), occurs after the freshmen year, and gives all scholarship students the chance to learn about the four basic line officer specialties. The students spend one week each at four locations to receive familiarizations with aviation, submarine, surface ships, and Marine Corps operations. The second summer cruise, which all scholarship students take after the sophomore year, is aboard either a surface ship or submarine (student's choice) and is geared toward experiencing the Navy from an enlisted viewpoint. The summer cruise after the junior year provides junior officer training aboard ships, submarines or aviation squadrons for the Navy students, and at the Marine Corps Base at Quantico, Virginia for the Marine Corps students. College Program students take part in only one summer training cruise after their junior year.

Where do we go during summer cruise, and who pays for our transportation?

Our students travel all over the world on cruises. The Navy pays for your travel expenses from school or your home to the cruise site and your return to home each summer. Our rising seniors have many options available to them. They can request aviation cruises or compete for limited availability to train with Special Operations or Special Warfare units. They may also compete for a foreign exchange cruise with any number of international navies.

Some people need to work during the summer. Are there any allowances for this?

The summer cruises are part of our curriculum and attendance is mandatory if a student is qualified. However, we will allow you to state your preference for one of three phases throughout the summer. The cruises are only two to six weeks long, so you should still be able to work for part of the summer. Also, the midshipmen are paid as an E-5 for the duration of the cruise.

Important links:

NROTC Program Information

<https://www.nrotc.navy.mil/faq.aspx>

NROTC Scholarship Selection Criteria

https://www.nrotc.navy.mil/scholarship_criteria.aspx

Navy Physical Readiness Program (see Tables on pages 28-32 for height/weight and test standards)

<http://doni.daps.dla.mil/allinstructions.aspx?RootFolder=%2fDirectives%2f06000%20Medical%20and%20Dental%20Services%2f06%2d100%20General%20Physical%20Fitness&View=%7b1FF912B1%2d1BC6%2d444A%2d8943%2dB769C77880F2%7d/6110.1J.pdf>

Marine Corps Physical Fitness Standards (see Appendices G and I)

<http://www.usmc.mil/news/publications/Documents/MCO%20P6100.12%20W%20CH%201.pdf>

Department of Defense Medical Examination Review Board

<https://dodmerb.tricare.osd.mil/default.asp>